



Helping you to give your baby a healthy start

What weaning equipment do I need?

Equipment to help with weaning

Here are a few things that will come in handy when your baby is ready for weaning:

- Some baby feeding spoons – coloured ones will help to focus your baby's attention
- A baby feeding bowl – choose one with a sucker on the bottom to help keep it in place and prevent spillages
- Some bibs and clean cloths
- A food blender/processor for pureeing baby food
- Flexible ice-trays for storing baby-sized portions of food

If you'd like more advice on preparing for weaning, our team of feeding advisors, nutritionists and mums are on hand to help. To get in touch, call us between 8am and 8pm Monday to Friday, on **08457 623 628**, or use our confidential instant messaging service, Live Chat.